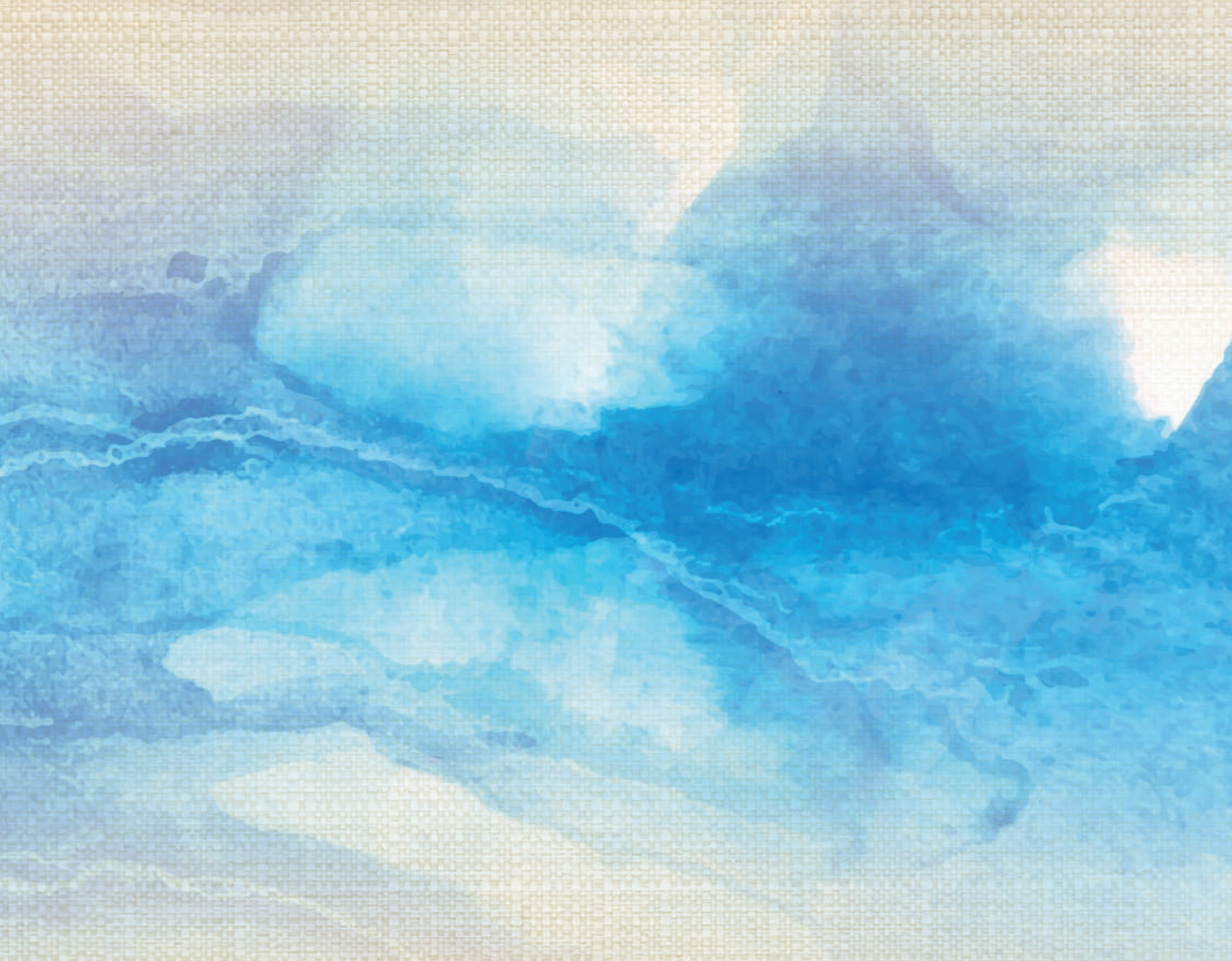


BRUNCH

by the sea



ATLÂNTICO

BAR

BRUNCH ATLÂNTICO

logurte grego natural com muesli e mirtilos ou panqueca ou waffle à escolha

Natural Greek yogurt with muesli and blueberries or pancake or waffle of your choice

vegetariano · glúten · lactose · ovo · frutos de casca rija · amendoim | vegetarian · gluten · lactose · egg · nuts · peanut

Croissant ou bola rústica ou pão de leite com queijo e fiambre

Croissant, rustic bread roll, or milk bread served with ham and cheese

glúten · lactose · ovo · frutos de casca rija · sésamo · soja · porco | gluten · lactose · egg · nuts · sesame · soy · pork

Torrada de pão caseiro com ovos (mexidos, escalfados, estrelados ou cozidos)

Toasted homemade bread with eggs (scrambled, poached, fried or boiled)

vegetariano · glúten · lactose · ovo · sésamo | vegetarian · gluten · lactose · egg · sesame

Manteiga com sal, sem sal, Becel e doce light de morango

Salted butter, unsalted butter, Becel and light strawberry jam

vegetariano · lactose | vegetarian · lactose

Fruta fatiada (escolha 2 opções): abacaxi, melão, melancia, kiwi, manga, mamão, laranja ou uvas

Sliced fruit (choose 2 options): pineapple, melon, watermelon, kiwi, mango, papaya, orange or grapes

vegetariano | vegetarian

Fatia de bolo mármore ou pastel de nata com canela

Slice of marble cake or custard tart with cinnamon

vegetariano · glúten · lactose · ovo · frutos de casca rija · sésamo · soja | vegetarian · gluten · lactose · egg · nuts · sesame · soy

Sumo de laranja natural, café ou chá

Freshly squeezed orange juice, coffee, or tea

€ 23,00

por pessoa | per person

À LA CARTE

SALADAS · SALADS

Queijo Feta, nozes, mel, tomate e alfaces

Feta cheese, walnuts, honey, tomato and mixed lettuce

€ 12,00

vegetariano · lactose · frutos de casca rija · amendoim · mostarda · sulfitos | vegetarian · lactose · nuts · peanut · mustard · sulfites

Tomate, abacate, pesto e burrata

Tomato, avocado, pesto and burrata

€ 19,00

vegetariano · lactose · frutos de casca rija · amendoim · mostarda · sulfitos | vegetarian · lactose · nuts · peanut · mustard · sulfites

Salmão fumado, rúcula, abacate, tomate e pepino

Smoked salmon, arugula, avocado, tomato and cucumber

€ 18,50

mostarda · peixe · sulfitos | mustard · fish · sulfites

OVOS BENEDICT · EGGS BENEDICT

Muffin inglês, espinafres, bacon, ovo escalfado e molho holandês

English muffin, spinach, bacon, poached egg and hollandaise sauce

€ 12,00

glúten · lactose · ovo · frutos de casca rija · amendoim · mostarda · sulfitos · porco

gluten · lactose · egg · nuts · peanut · mustard · sulfites · pork

Muffin inglês, camarão, cogumelos, trufa e molho holandês

English muffin, shrimp, mushrooms, truffle and hollandaise sauce

€ 13,00

glúten · lactose · ovo · frutos de casca rija · amendoim · mostarda · crustáceos · sulfitos

gluten · lactose · egg · nuts · peanut · mustard · crustaceans · sulfites

Muffin inglês, abacate, queijo creme, salmão fumado, cebolinho e molho holandês

English muffin, avocado, cream cheese, smoked salmon, chives and hollandaise sauce

€ 16,00

glúten · lactose · ovo · frutos de casca rija · amendoim · mostarda · peixe · sulfitos

gluten · lactose · egg · nuts · peanut · mustard · fish · sulfites

OVOS ROTOS · BROKEN EGGS

Bacon · With bacon € 11,00
glúten · ovo · porco | gluten · egg · pork

Camarão, cogumelos e trufa € 14,00
With shrimp, mushrooms and truffle
glúten · ovo · crustáceos · sulfitos | gluten · egg · crustaceans · sulfites

Salmão fumado · With smoked salmon € 15,00
glúten · ovo · peixe | gluten · egg · fish

CROQUE MADAME

Mostarda, fiambre, molho bechamel, queijo Emmental e ovo estrelado € 13,00
Mustard, ham, béchamel sauce, Emmental cheese and fried egg
glúten · lactose · ovo · mostarda · sulfitos · porco | gluten · lactose · egg · mustard · sulfites · pork

BRUSCHETTAS

Pão caseiro, queijo Brie, mel, presunto, rúcula, redução de balsâmico € 14,00
Homemade bread, Brie cheese, honey, smoked ham, arugula and balsamic reduction
glúten · lactose · ovo · mostarda · sulfitos | gluten · lactose · egg · mustard · sulfites

Pão de sementes com queijo creme, cebolinho, salmão fumado e rúcula € 15,00
Seeds bread with cream cheese, chives, smoked salmon and arugula
glúten · lactose · frutos de casca rija · amendoim · peixe · soja · mostarda · sulfitos | gluten · lactose · nuts · peanut · fish · soy · mustard · sulfites

Pão de sementes, abacate, tomate, cebola roxa e alface € 12,00
Seeds bread with avocado, tomato, red onion and lettuce
vegetariano · glúten · frutos de casca rija · amendoim · soja · mostarda · sulfitos | vegetarian · gluten · nuts · peanut · soy · mustard · sulfites

SOBREMESAS · DESSERTS

Seleção de crepes e gelados (*carta de gelataria) + pastelaria variada
Selection of crepes and ice creams + diverse pastry

Prato de fruta laminada € 9,00
Sliced fruit platter
vegetariano | vegetarian

	Com · with	
WAFFLES vegetariano · glúten · lactose · ovo · frutos de casca rija · amendoim · sésamo · soja · sulfitos vegetarian · gluten · lactose · egg · nuts · peanut · sesame · soy · sulfites	Mel, doces ou compotas · Honey, jam or preserves	€ 6,00
	Açúcar e canela · Sugar and cinnamon	€ 6,00
	Nutella lactose · frutos de casca rija · amendoim · soja lactose · nuts · peanut · soy	€ 7,00
PANQUECAS PANCAKES vegetariano · glúten · lactose · ovo · sulfitos vegetarian · gluten · lactose · egg · sulfites	Fruta fatiada · Sliced fruit	€ 7,00
	Topping: Caramelo Caramel Morango Strawberry Chocolate Chocolate lactose lactose	€ 6,00

BEBIDAS · DRINKS


Sumos Naturais · Freshly squeezed juices € 7,00

Smoothies de frutas · Fruit smoothies € 7,00

Refrigerantes · Soft drinks € 4,50

Café Expresso · Espresso coffee € 2,50

Chás · Teas € 3,50

An aerial photograph of a rugged, mountainous landscape. The terrain is characterized by steep, rocky slopes and deep, winding valleys. A narrow, light-colored road or path winds through the landscape, leading to a small, white, rectangular building situated in a valley. The overall scene is one of a remote, high-altitude environment.

Os nossos pratos ou bebidas podem conter frutos de casca rija, sementes ou vestígios de alimentos que podem provocar alergias ou intolerância alimentar. Se necessitar de informação sobre a composição detalhada dos pratos, consulte, por favor, os nossos colaboradores antes de efectuar o pedido. Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado. Taxa por saco 0,10€ ou taxa por caixa de cartão 0,20€ e 0,30€ caixa alumínio. (DL152-D/2017 aditado pelo DL 102-D/2020). Este estabelecimento dispõe de livro de reclamações.
Seja responsável, beba com moderação.
IVA INCLUIDO

Our dishes or drinks may contain nuts, seeds or traces of foods which might cause allergies or food intolerance. If you require information about the detailed composition of the dishes, please ask our employees before making your order. No dish, food product or drink, including the cover charge, can be charged unless requested by the customer or if it is unused by the customer. Tax for bag €0.10 or tax for package €0.20 (DL152-D/2017 amended by DL 102-D/2020). This establishment has a complaints book.
Be responsible, drink in moderation.
VAT INCLUDED